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Netherlands

- Cape Schanck / Australia
- November 2023



High Incidence of ALL/ Segond avulsion in HR Ultrasound Imaging

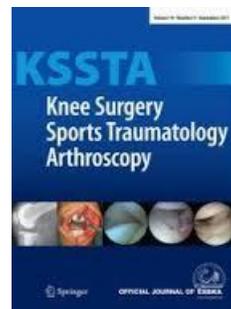
Burt Klos

The Netherlands

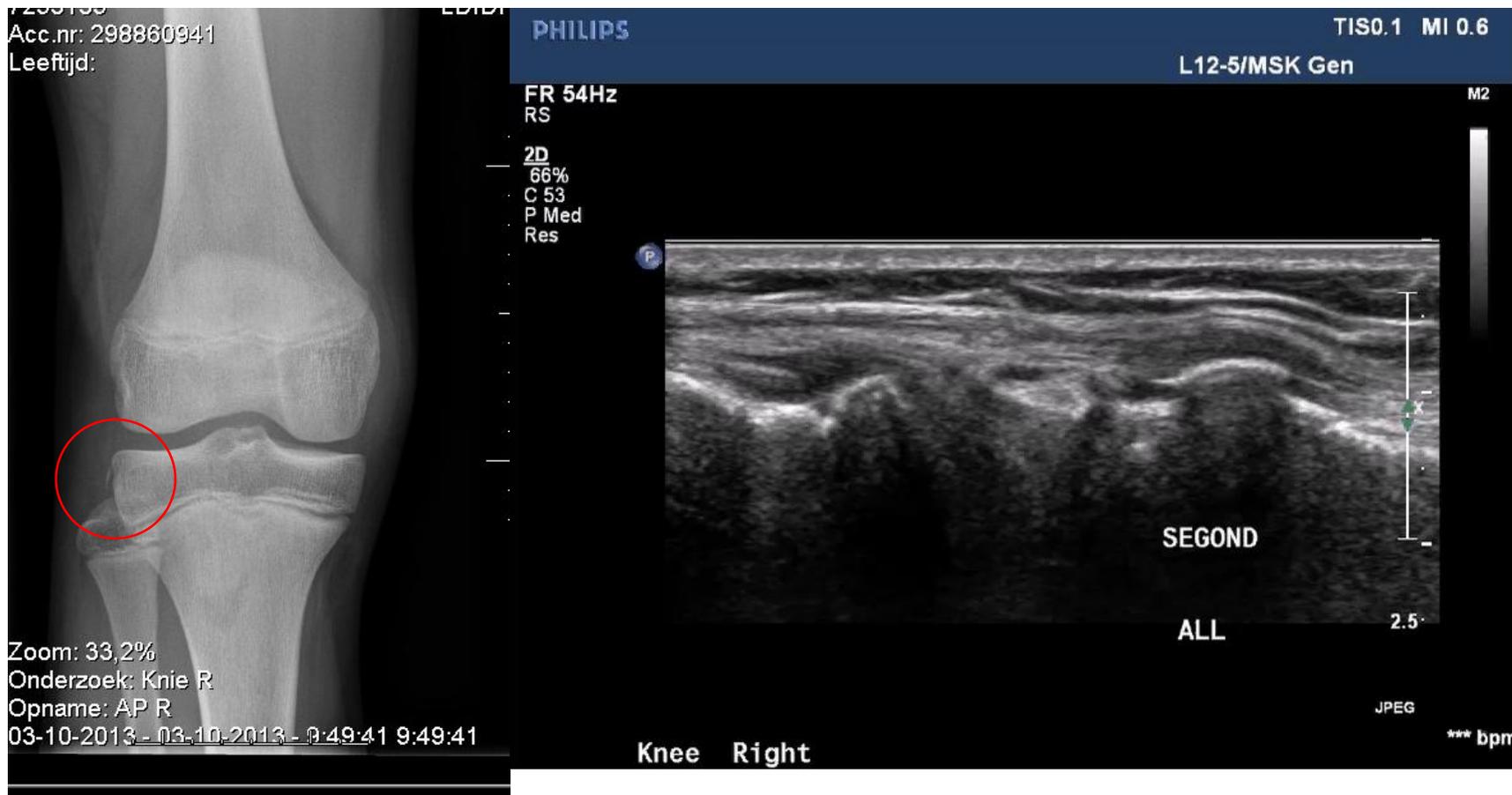


KSSTA April 2017

- High prevalence of ALL complex Segond avulsion using ultrasound imaging .
- Klos / Scholtes / Konijnenberg
- Ultrasound should be considered in case of impaction fracture to check for Segond avulsion.



Segond fractuur



Rotation



TEST 90° - ROTATION ACQUISITION

ACL
Surgeries

P T F
1 2 C

SH-21 - Green

PRE-OP. LAXITIES

DRAWER

ROTATION 90°

LACHMAN

ROTATION 30°

VAR.-VALG. STABILITY

PIVOT-SHIFT

PRE-OP. SUMMARY

PRAXIM

Lateral (mm)

Ant 0 Post 4

Ext 13

13

Medial (mm)

Ant 2 Post 0

2

0

Axial rotation (°)

5 POSITIONS (MIN 10 - MAX 500)

FLEXION: 82° ROTATION: 10° EXT

Perform the rotation test at 90°.
BLUE pedal to stop the acquisition.

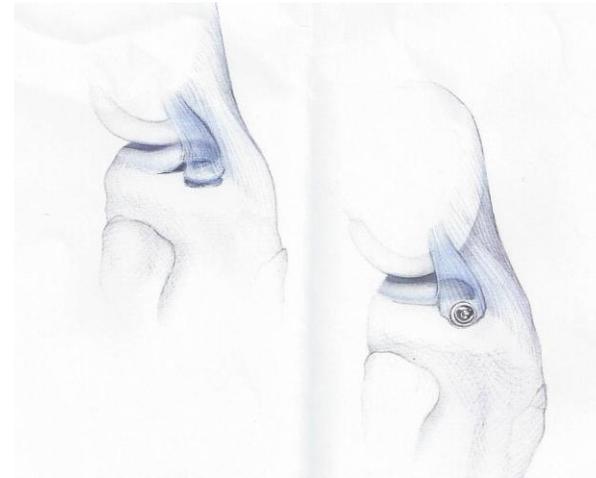
Ultrasound imaging

- 88 patients with ACL #
- 25 Segond lesions (29 %)
- 40 Impaction # lateral FC (46%)

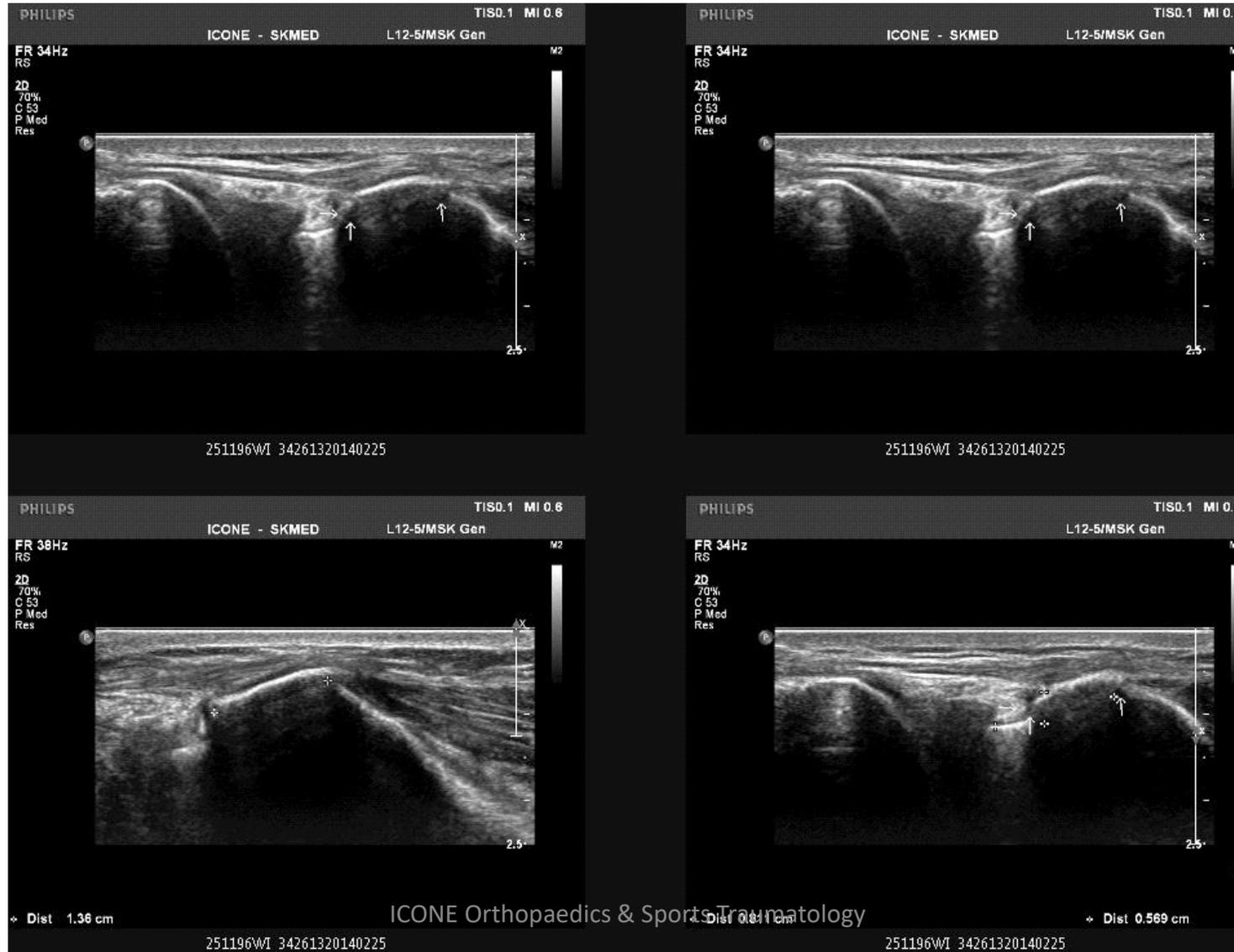


Imaging Second avulsion

- Incidence in MRI 3 % Resnick USA
- Incidence in X ray CORR Hess D 9 %
- Incidence ultrasound 29 % (ICONE)
- Higher velocity trauma ?
- Refixation / Feagin :



US patho anatomy ALL complex



Preoperative marker of Segond avulsion / ultrasound



Peroperative imaging lift off lateral meniscus



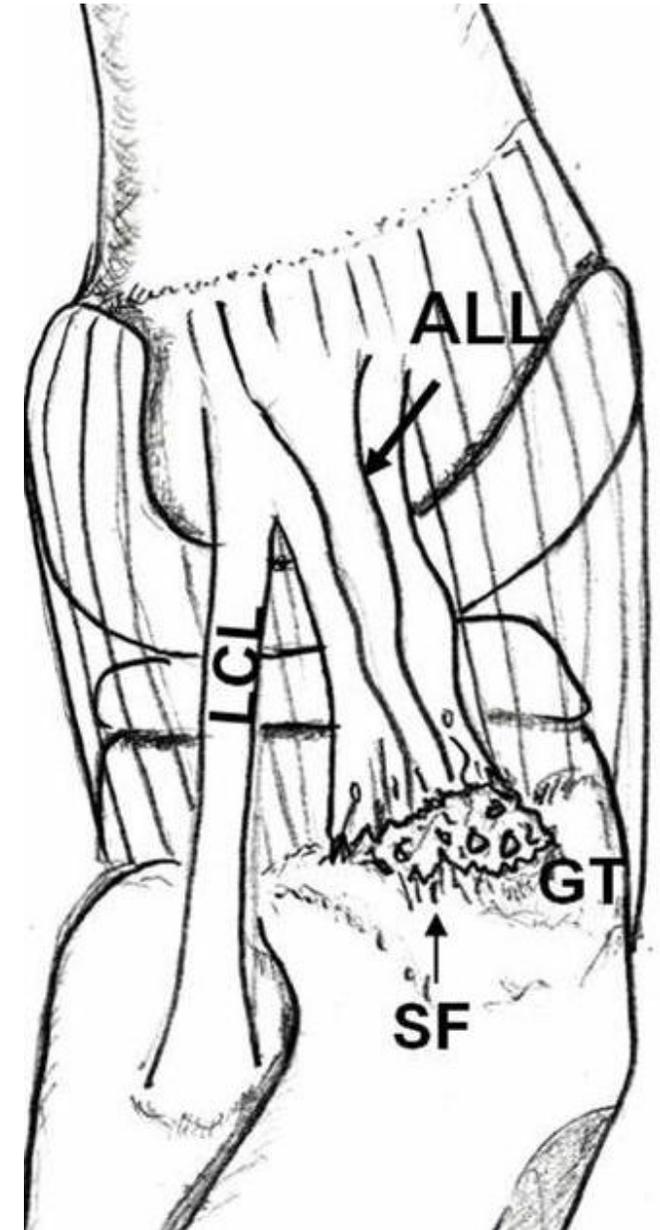
Case Report : Refixing ALL / second #

Checking the pivot on the table is pulling the staple off / prove of importance in stability ?



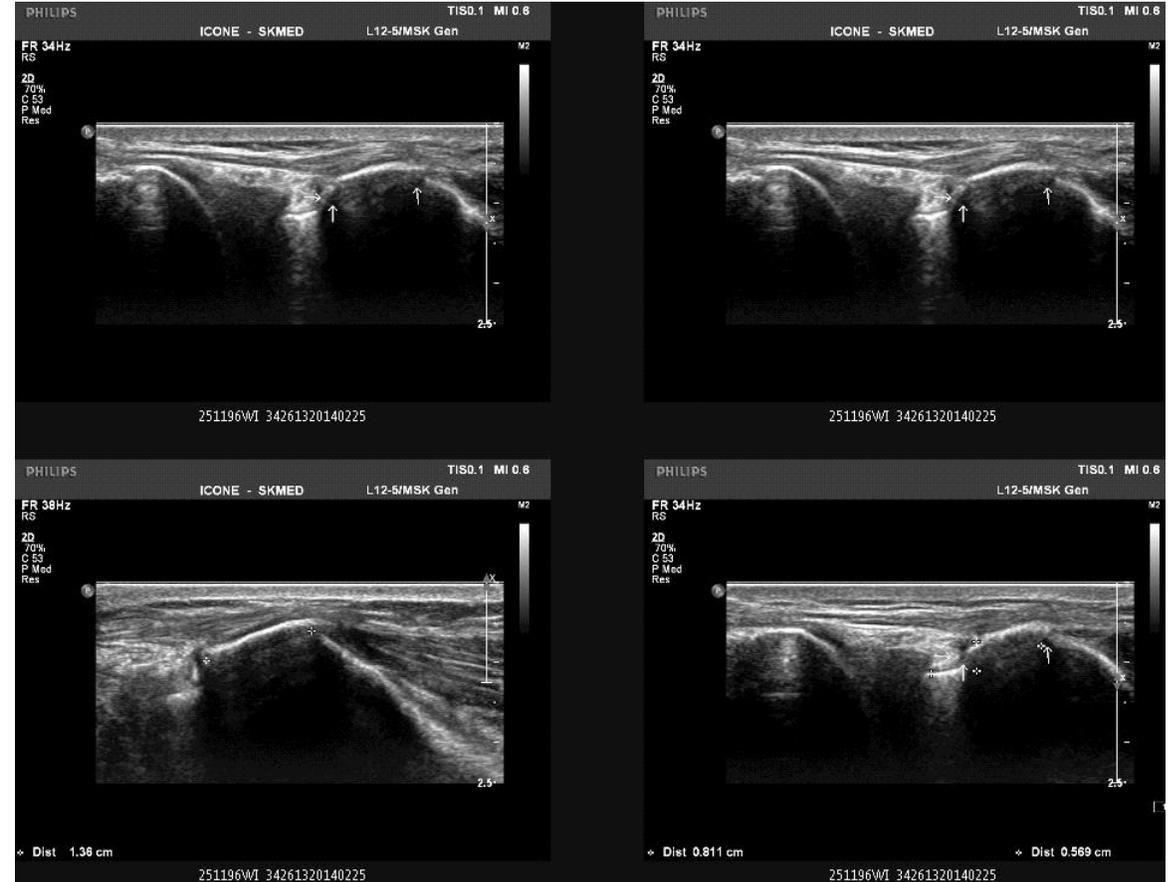
Discussion ALL lesions

- Ferretti I : surgical dissection in ACLR :
 - Arthroscopy 2016 ALL 54/60 lesions
 - Distal lesions 19/60 (32 %)
- Cavaignac F
 - Arthroscopy 2017 :
 - Ultrasound Segond avulsion 15/ 30 (50 %) /
 - MRI 4/30 (13 %)



Discussion Anatomy Literature

- Segond avulsion >
 - anatomy and MRI >
 - ITB and AL capsule avulsion
 - Campos Resnick Radiology 2001
- Segond avulsion >
 - 36 Segond # MRI ALL complex avulsion
 - Skaikh Fu AJSM 2017
- Segond avulsion >
 - Case report Segond # Ultrasound
 - Combined ITB and AL capsule attachment
 - Albers Fu KSSTA April 2017

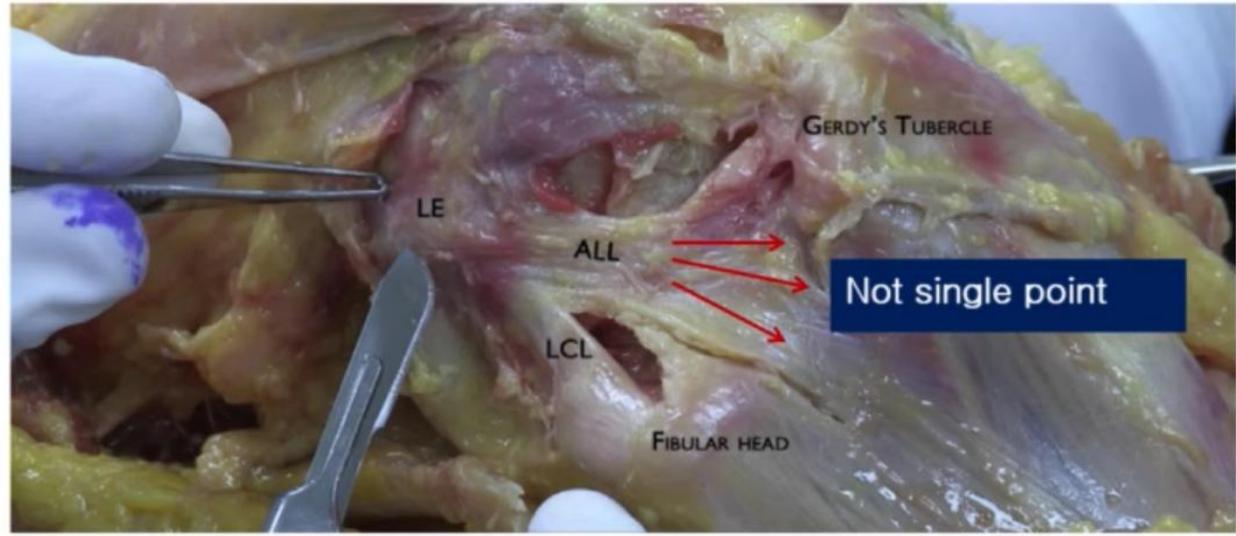




Surgical Dissection of the Anterolateral Ligament



Matthew Daggett, D.O., M.B.A., Kyle Busch, B.S., M.S., and Bertrand Sonnery-Cottet, M.D.



be clearly identified **as a distinct structure** with an attachment near lateral epicondyle (Prox. & Post.) and an **insertion in a fan-like fashion** on the tibia

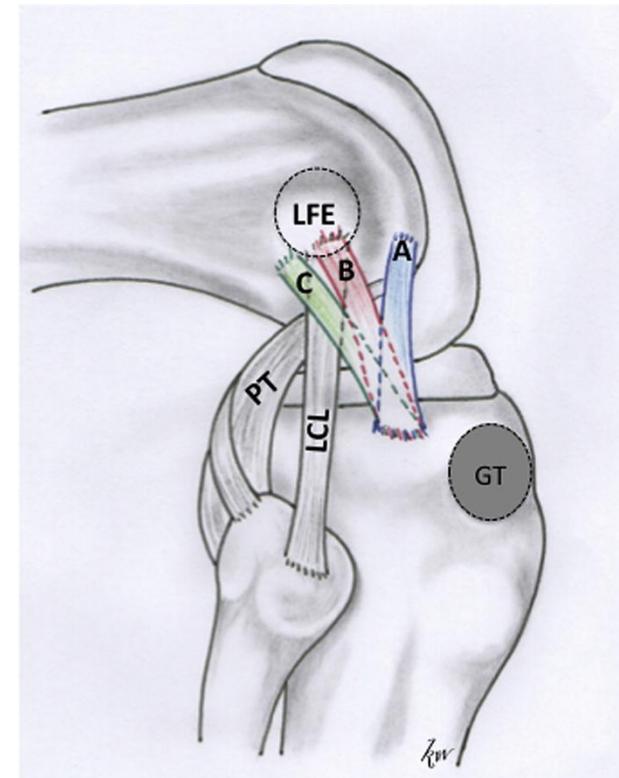
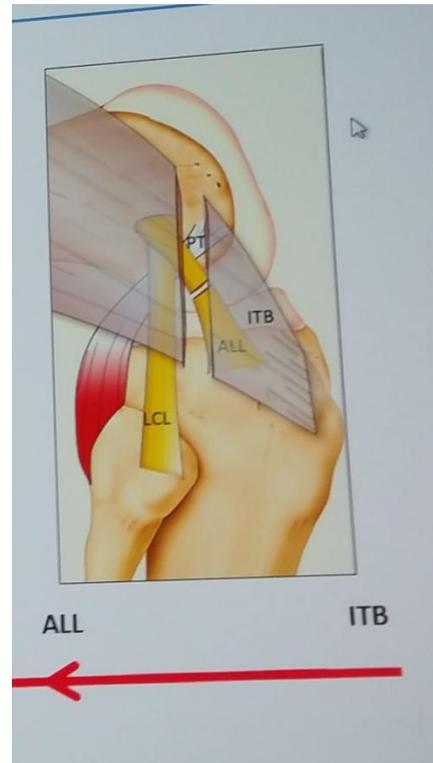
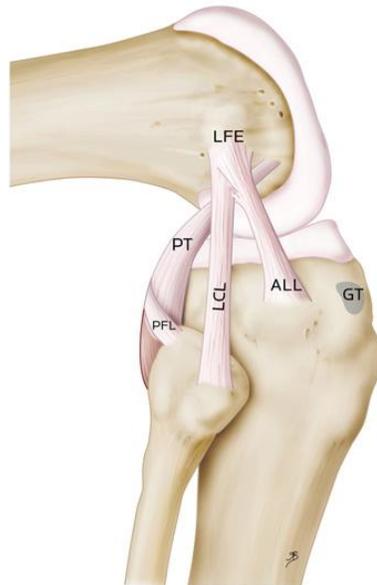
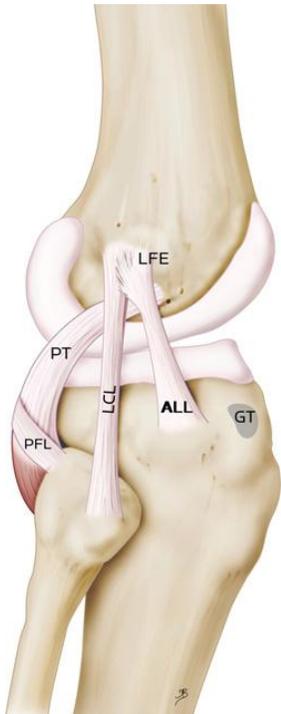
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ALL anatomy 2016

Belgium

Lyon

Toulouse

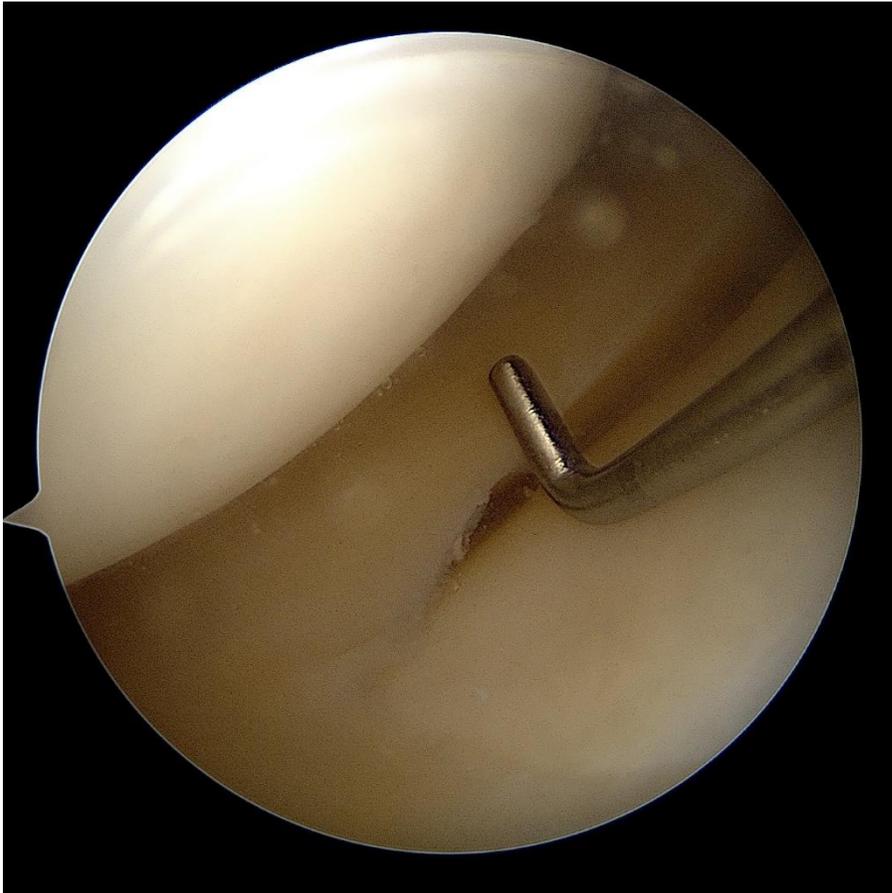
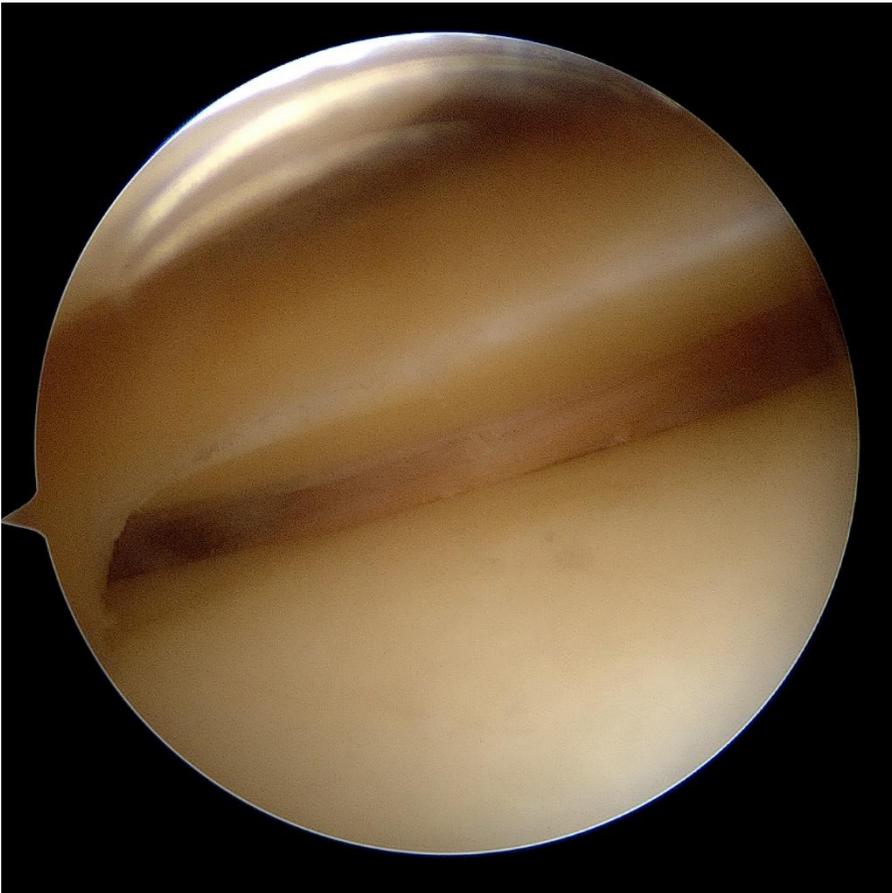


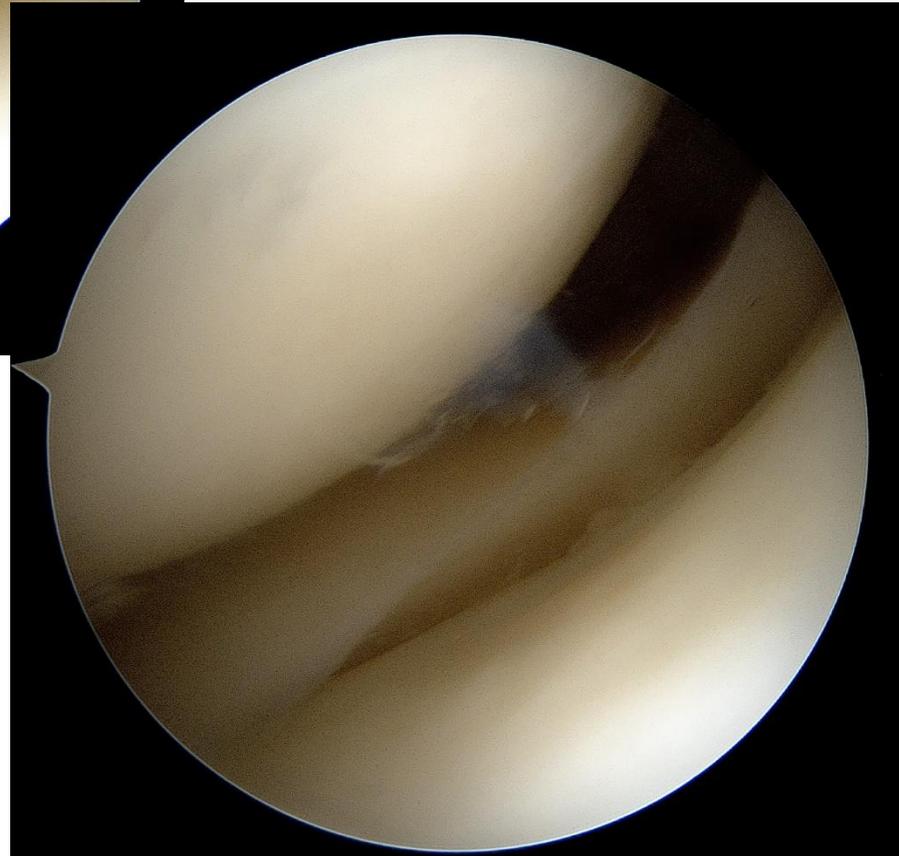
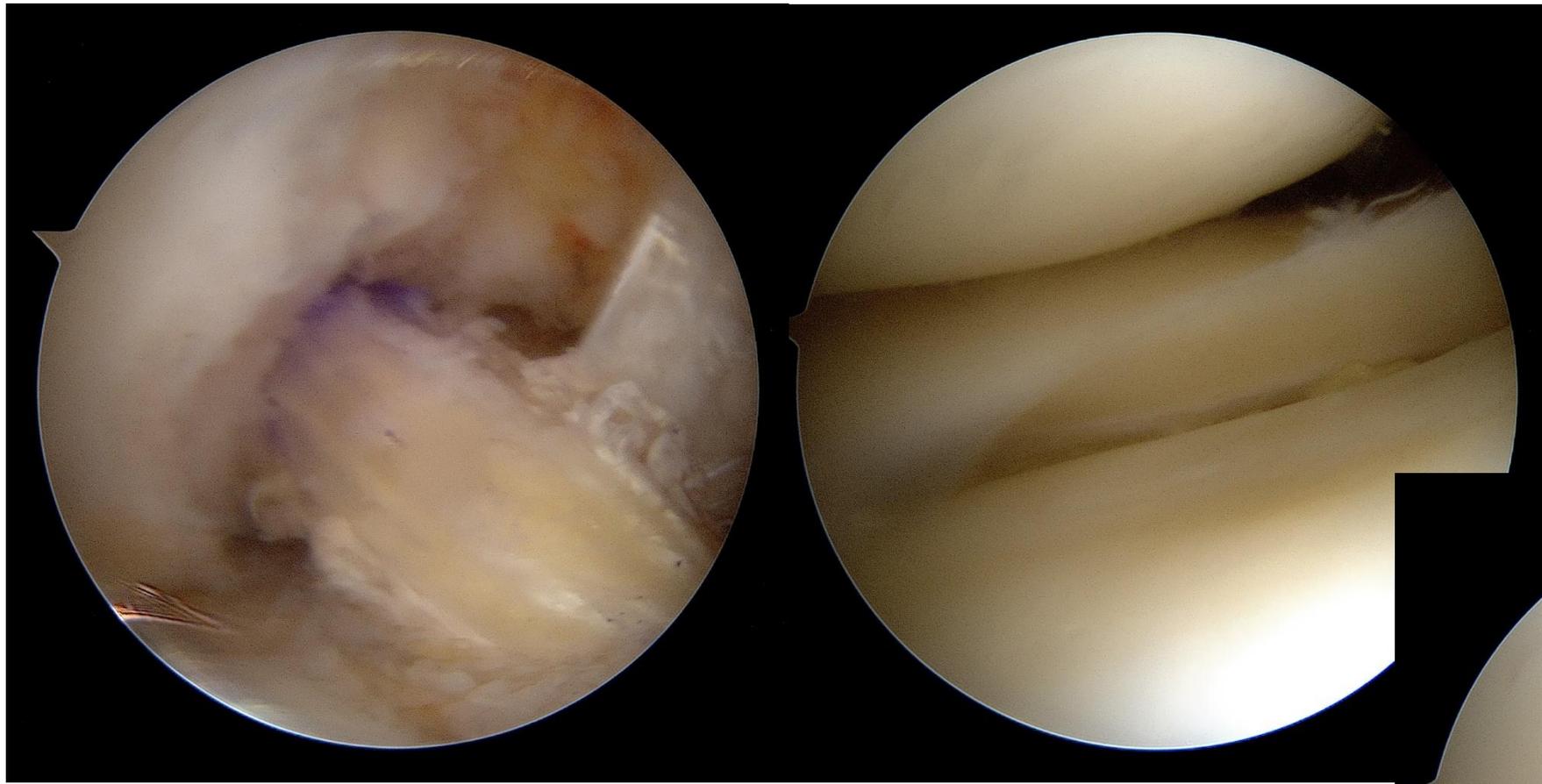
Kittl /Weiler /Williams /Amis

- Am J of Sport Medicine 2016
- Restraints to AL instability
- ITB superficial 56 % resistance IR
- ITB deep 30 % resistance IR
- ALL 4 %
- ACL 10 %



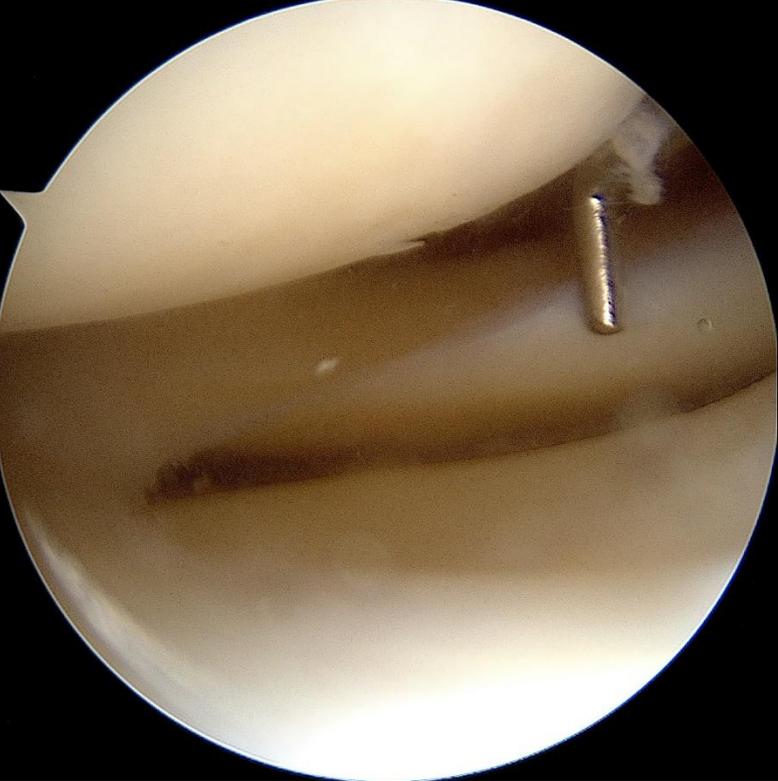
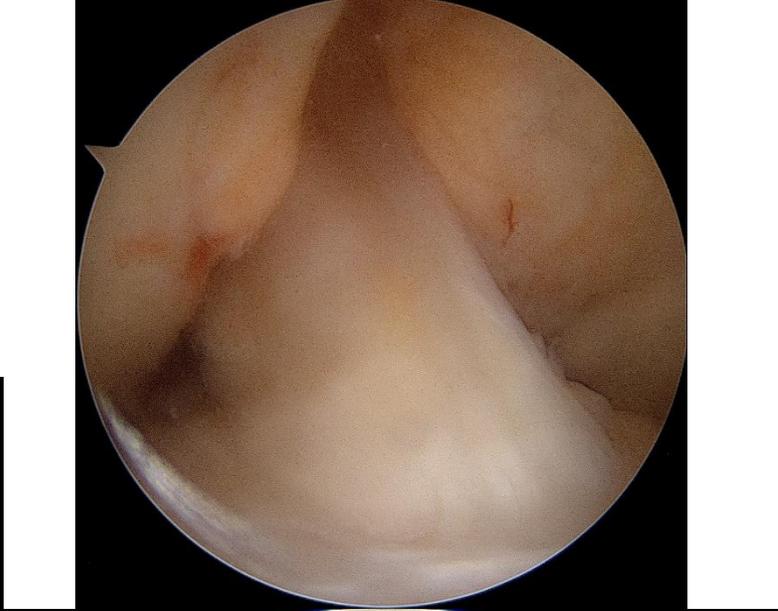
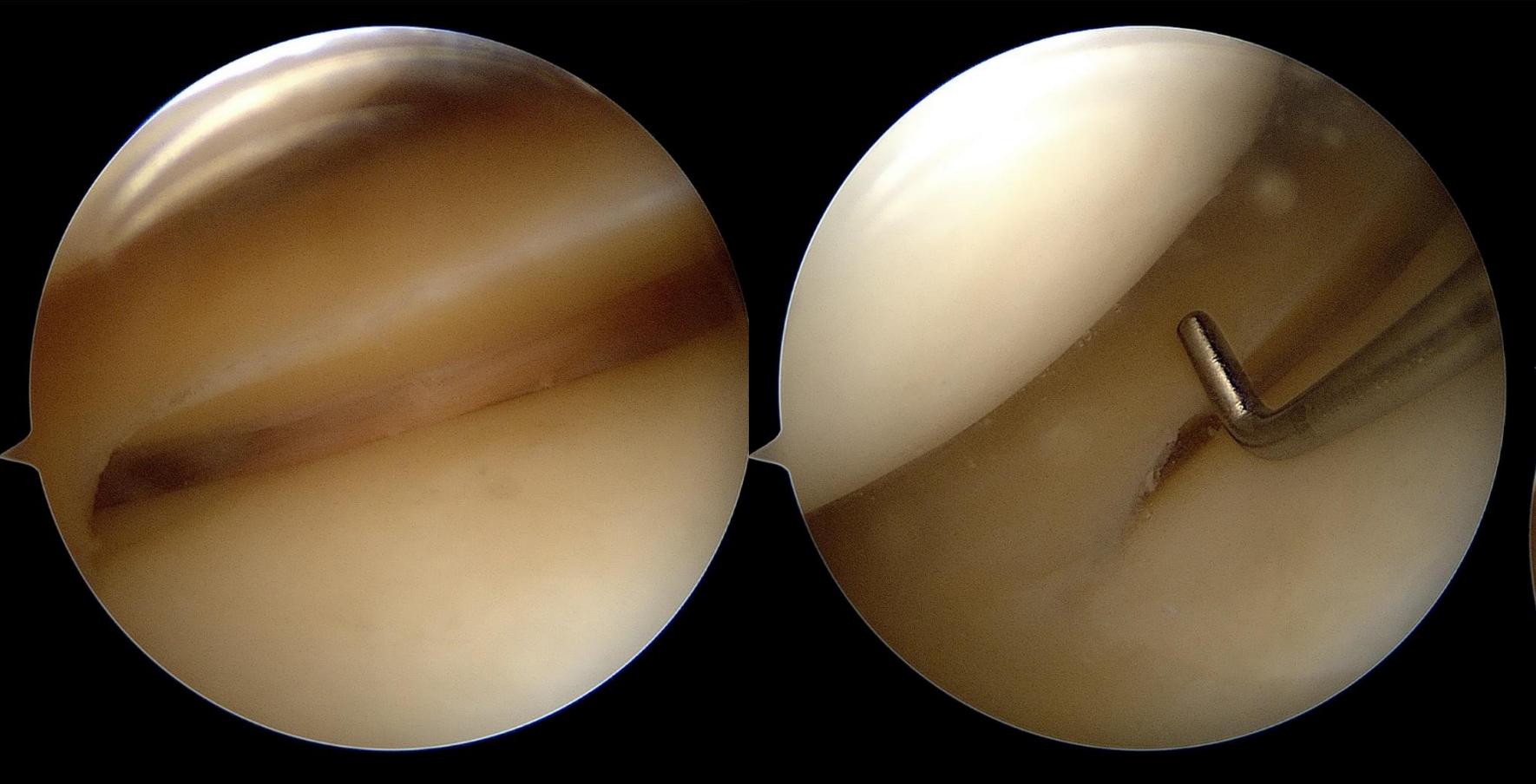
Arthroscopic evaluation



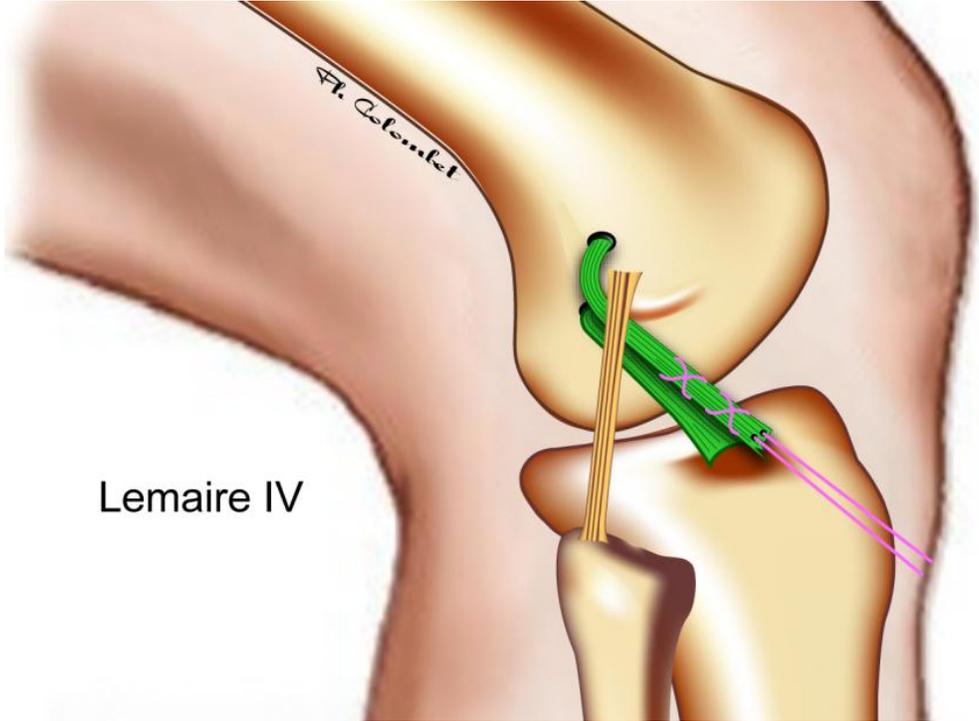


Intraoperative guidance ACL + ALL

June 2018 > july 2019



Refixing Segond or reconstruction AL tenodesis?



Pull up / in technique ALL refixation



Conclusion

- ALL complex lesions and Segond avulsion are not rare (30 + %)
- Improving diagnosis and treatment
 - Improved Imaging Ultrasound (vs MRI)
 - Segond avulsion is attached to ITB / ALL complex
 - Surgical treatment or neglect /reconstruction ?
 - Fixation method ?
 - Staple versus tension rope ..

